

PLANTING
GOOD
COMPANIONS
FOR A BETTER
GARDEN



Companion planting is one of the simplest ways to improve your garden naturally. By putting certain plants next to one another (and keeping certain plants away from one another), you can help your garden to be healthier and more productive.

Some plants are good companions because they help to attract pollinators to your garden. Others are good companions because they can help to deter harmful insects that might damage your plants. These companion plants are especially helpful for organic gardeners because they can help to control harmful insects without any chemical pesticides.

Some of the plants that are helpful for controlling insects include:

- Basil and dill can help to protect tomatoes from hornworms.
- Marigolds can help to deter aphids, potato and squash bugs, bean beetles, maggots, and other insects.
- Thyme can deter cabbage worms.
- Garlic can repel aphids, Japanese beetles, weevils, and spider mites.
- Onions deter most garden pests.
- Rosemary can repel bean beetles and cabbage moths.

Besides helping to manage insects in the garden, some plants are also good companions because they can help to provide nutrients to the soil that other plants need to grow.

Beans and peas, for example, can add nitrogen to the soil, so they are good to plant near vegetables that require a lot of nutrients such as corn and squash. Planting beans, squash, and corn together was a traditional Native American version of companion planting called “Three Sisters” planting.

The following chart lists some of the good companions to plant next to each other in your garden:

Plant Type	Good Companions
Beans	Carrots, celery, corn, cucumbers, lettuce, parsley, peas, spinach, strawberries
Basil	Lettuce, parsley, tomatoes
Brassicas (Broccoli, Cabbage, Cauliflower, Kale)	Beans, celery, herbs, onions, potatoes, spinach
Beets	Beans, onions, garlic, lettuce, cabbage
Carrots	Beans, lettuce, onions, peas, rosemary, sage, tomatoes,
Celery	Beans, brassicas, onions, spinach, tomatoes
Corn	Beans, cucumbers, parsley, peas, squashes
Cucumber	Beans, onions, peas
Lettuce	Beans, carrots, cucumbers, onions, strawberries
Onions and Garlic	Carrots, celery, lettuce, strawberries, tomatoes
Parsley	Tomatoes
Peas	Beans, celery, carrots, corn, cucumbers
Peppers	Basil, carrots, onions, tomatoes
Potatoes	Beans, brassicas, corn, peas
Rosemary	Beans, carrots, cabbage, sage
Sage	Beans, brassica, carrots, peas, strawberries

Spinach	Beans, brassicas, celery, peas, strawberries
Squashes	Corn
Strawberries	Beans, lettuce
Thyme	Broccoli, cauliflower, strawberries
Tomatoes	Basil, carrots, celery, cucumbers, onions, parsley